



**Issue No 13: 26 May 2017**

# PENDULUM

**RESPECT, RELATIONSHIPS, ACHIEVEMENT, SAFETY AND FAIRNESS**

**Riverside High School**

**Key Dates for 2017**

<b>MAY</b>	
Wed 31	Drama Night (Hall)
<b>JUNE</b>	
Fri 2	RHS Cross Country Carnival
Mon 12	Long Weekend
Wed 14	UNSW Spelling Competition
Thur 15	UNSW Writing Competition
Tue 20	Inter High Cross Country
Mon 26	LC Orientation Gr 10
Tue 27	Newstead Orientation Gr 10
<b>JULY</b>	
Tue 4	Reports home
Fri 7	Term 2 finishes

<b>PRINCIPAL:</b>	Ms N Odgers	<b>GRADE LEADERS:</b>	
<b>ASSISTANT PRINCIPAL:</b>	Mrs S Matkovich	7	Mr T Elliott
<b>ASSISTANT PRINCIPAL:</b>	Mr D Hanson	8	Miss B Hall
<b>ASSISTANT PRINCIPAL:</b>	Ms L Burt	9	Mrs D Dave
<b>ASSISTANT PRINCIPAL (A):</b>	Mrs A Claridge	10	Mr T Musovic
<b>PSYCHOLOGIST:</b>	Mrs Claire Pople (Tue & Thur)		
<b>SOCIAL WORKER:</b>	Mrs Laura Fitzgerald (Mon-Wed)		
<b>CHAPLAIN:</b>	Ms Cecily Rosol		
<b>NURSE:</b>	Mr Peter Jacobson (Tue-Wed)		
<b>BUSINESS MANAGER:</b>	Mrs Leonie Johnston		

## From the Principal

Dear Parents and Families,

Two of the regular features in our newsletter include the Riverside Rippers and our Subject in Focus. Both of these highlight the fantastic learning opportunities that are happening on a daily basis, both in classrooms and through a range of extra curricula programs. They also demonstrate the participation, effort and achievement of our students. I hope you enjoy reading about the progress of our students and finding out more about our learning programs.

This week many students have continued our involvement in the Launceston Competitions through their participation in the Music section. I know staff have been impressed with the attitude and effort of our students and the way our senior students have supported and mentored Grade 7 and 8 students. Well done to all involved; we look forward to following your progress next week.

## Communication with Teaching Staff

Our relationships with parents and carers are very important; we know that the communication between families and teachers is essential in supporting students to be successful at school. We value your regular contact and we welcome you keeping in contact with teachers whether this is through an email, a phone call or a visit to the school. A reminder though that schools are incredibly busy places and our teaching staff, including our leaders, all have hectic schedules and numerous commitments with regards to teaching and meetings. Therefore, could I please ask that if you want to come in to the school to see a teacher, you make an appointment through the office, so that we can give proper time and attention to your concern or queries. It is very difficult when parents come to the school wanting to see a teacher or leader and they are unavailable. To help you with making appointments, please note that we have scheduled meetings on Monday and Tuesday afternoons until 4:30pm and that staff are also in Briefing on Monday mornings before school. Obviously if there is an urgent matter and you need to call into the school to see someone, we will do our best to speak with you.

Could I please stress that if you have any concerns or issues that we need to address, that you contact us at the school to make a time for us to follow this up with you. While Social Media does provide an avenue for passing on information and sharing success stories, it is not the most effective way to communicate with us about individual concerns and we appreciate you speaking directly with us. We will always do our best to follow up promptly and work in partnership with you to support our students.

## In Closing

On Thursday afternoon we had a special afternoon tea to farewell Miss Carolyn Cox where we were able to acknowledge her long career and recognise her amazing contribution to Riverside High School. On Tuesday our students will have the opportunity to farewell Miss Carolyn Cox in our whole school assembly and to pass on their thanks for her commitment to the school. Next week we will share some photos and further details with you.

A reminder that next Friday we will be holding our Cross Country Carnival which will be held at school and promises to be a great event. This is a normal school day and all students are expected to attend and participate. Further arrangements for this day are included in this newsletter.

## Ms Natalie Odgers

## HEAD PREFECTS' REPORT



Hi everyone! We are Anna and Jarrod, your Head Prefects for 2017.

Our main role as Head Prefects is to lead the Prefect Board and we also work closely with our Coordinator, Mrs Vicki Eadie, to guide all of our members and help see ideas and planning through. Some of our other duties include: collaborating with the wider community, running weekly Prefect meetings and liaising with our teaching staff, including our School Principal, Ms Odgers. We also coordinate the Student Information Centre that was set up earlier this year.

The Student Information Centre is a safe place for anyone to come in and collect information on mental health services, pick up lost property or sports equipment, learn about upcoming events and enjoy access to a sink, kettle and microwave. It is also a time and place to meet and chat to the Prefects. Both of us would be more than happy for anyone, including teachers, to come and approach us with feedback, suggestions or any possible ideas. We are both approachable and eager to hear what you have to say.

As a Board, our main goal for 2017 is to make it everyone's year by getting all grades involved in as much as possible. Just like we said in our Prefect Pledge "We vow to give you our all: because we want Riverside High to remember who we were, and what we did." Following on from our busy Term One, where we organised a Relay for Life team, a free dress day, Art and Academic Competitions, lunch activities and much more, we want to work hard and see results. Both of us are very keen to get Term Two underway and finish this half of the year with a bang!

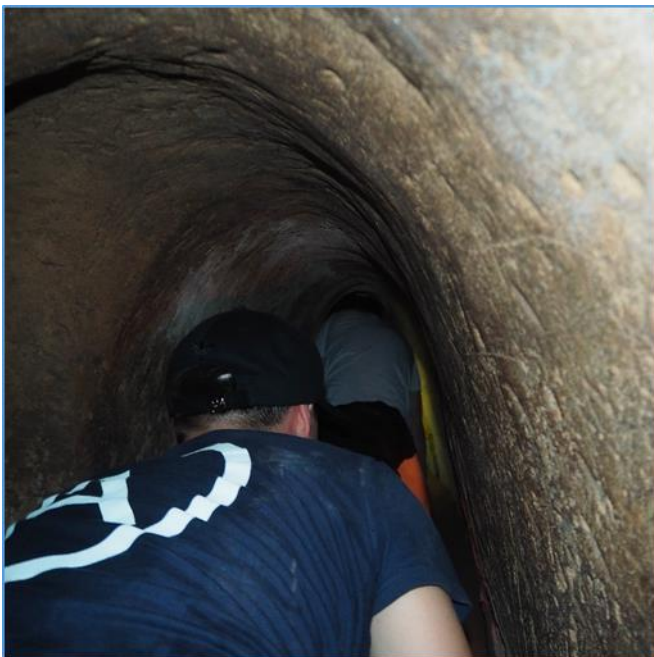
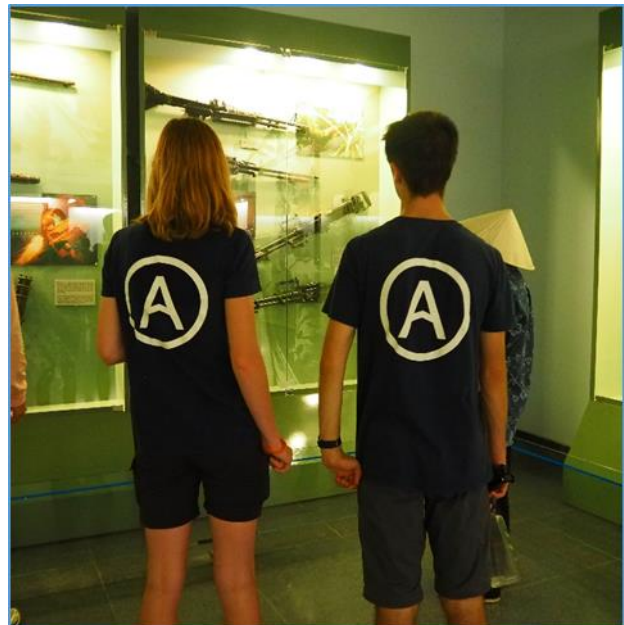
Outside of school and Prefect duties you can spot Jarrod goal-keeping a soccer game and Anna on the touch football field, basketball court and football oval. In Jarrod's spare time he can be found having fun with family and friends or enjoying the occasional pizza. Anna also has a part time job and enjoys debating and drama.

This Prefect profile is the first of nine others to find themselves a place in the weekly Pendulum. The purpose of this is to form a close connection between the Prefect Board and the school community, as well as provide an opportunity to learn more about the individual Prefects and their roles.

## Anna Roberts and Jarrod Hill Head Prefects

## ANTIPODEANS 2017 - PART 3

Hey everybody, it's Oscar and Jacqui from the Antips crew. The next part of our adventure was crossing the border into Vietnam. Our first stop was Ho Chi Minh City, known as Saigon to the locals. After the eight-hour bus ride from Phnom Penh, everyone was extremely relieved to check in to our hotel. After everyone settled into their rooms, we decided to head over to a market just across the street for lunch. Once we had all eaten, we relaxed in the nearby park, playing a game with a kickable shuttlecock. This was a popular game among the locals and many of them started joining in, giving us a great feel for the city. The next day we headed to the War Remnants Museum, where we learnt about the Vietnam War and the atrocities that took place during that time. There were many exhibitions including one showing many of the weapons and traps used in the war and another showing the affects of Agent Orange on the Vietnamese people. Learning about the war was both extremely interesting and confronting. That afternoon, we had another opportunity to relax and explore the city before we headed to the Ben Thanh Markets after dinner. With yet another night of successful (and excessive) shopping behind us, we all headed to bed ready for our final day in Ho Chi Minh.

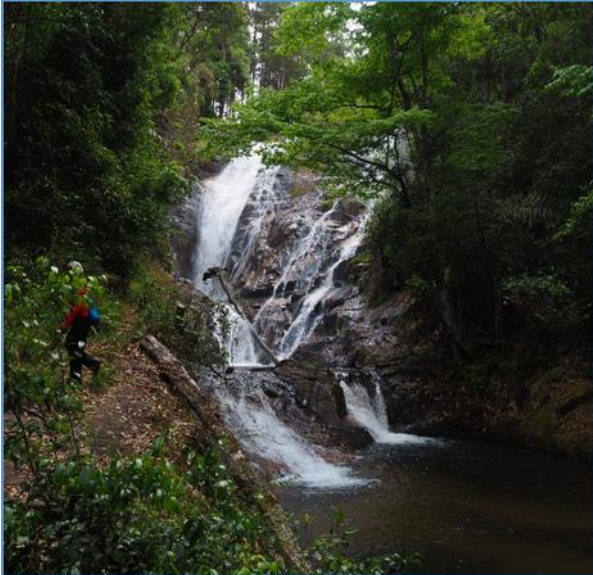


Our last day in Ho Chi Minh began with a three-hour bus ride to the Cu Chi Tunnels. Here, we were given a guided tour and learnt about the tunnel system and how it was used to out-smart enemies of the Vietnamese during the war. We were shown hidden traps, entrances to the tunnel, some of which we were too small to fit in, and finally, we were able to walk (or rather, crawl) through the small, dimly lit tunnels. Due to the tunnels being a massive total of 250km, we were unable to walk their entire length, but managed to complete a small section. Once we arrived back at our hotel, we headed out to dinner and decided to walk to the Bitexco Tower we had read about earlier that day. When we arrived at the Tower we discovered it had a sky deck with a 360-degree view of the city. This was an incredible experience we will always remember, and a great way to end our adventure in Ho Chi Minh City

## ANTIPODEANS 2017 - PART 3



The next phase of the trip was the Dalat Trek. This was our second and final trek for the trip. It was a seven-hour bus ride from Ho Chi Minh City to Dalat but we were lucky enough to have booked a sleeper bus (a bus with beds rather than seats) which everybody thoroughly enjoyed and took advantage of. We were told that Dalat was a small country town, however, when we arrived we found it was really a bustling city with a fantastic vibe. That evening we had a quick look at the night markets before heading to bed to get a good night sleep before the restless nights ahead.



With our bags packed and a quick breakfast we prepared ourselves for what we knew was going to be a challenge. Our first day of the trek was a 12km walk past pine trees and up and down hills with beautiful views. After a tiring first day, the team was glad to arrive at our first campsite. That night we played games and relived the memories we'd made so far. The next day was much the same as the first: 12km, up and down hills, but this time with the addition of coffee plantations along the way. We walked at a steady pace, arriving at the campsite early afternoon. This gave us time to relax and head down to the nearby waterfall for some much-needed water therapy. Despite the water feeling like it was below freezing, it was muchly appreciated by the whole team. We spent the night playing games and telling stories until we retired to our tents for the night. The 3rd day, the team woke with sore muscles but pushed through the day regardless. The day was similar to the first two days with the addition of water buffaloes and river crossings.

## ANTIPODEANS 2017 - PART 3



That night, having walked 36km so far, everybody was exhausted and glad we had only one day left. After our trek guides treated us to roasted marshmallows for dessert, we headed to bed, ready for the hardest and final day of the trek. The next morning was Easter Sunday. The team woke up both excited to finish off the trek but also sad it was coming to an end. As we moved out of our tents we noticed small piles of 'Easter eggs' (mentos) in front of our tents. This lifted the mood and energy of the whole team and we were very thankful the Easter Bunny remembered us. It was time to start our final walk. The day was 10km with lots of hills. One hill we will never forget seemed almost vertical, however, we helped one another to the top and conquered the hill together. As we got to the end of the trek and saw the truck waiting to pick us up it was an overall feeling of relief and accomplishment throughout the group. It was an incredible experience and nearly everybody saw it as a huge highlight of the trip. It gave us the opportunity to bond and come together as a team, as well as experience remote parts of Vietnam off the tourist beaten track.

Be sure to look out for the final article next week about the beautiful city of Hoi An!!!

- Jacqui Zealley and Oscar Purtell



Stay tuned.....Part 4 coming next week!

## LAUNCESTON COMPETITIONS—DRAMA 2017

Starting on Saturday, 13<sup>th</sup> May and finishing on Friday, 19<sup>th</sup> May, was a very big week in the Drama department with around 136 performances staged at the Princess Theatre and Earl Arts Centre from students in Grade 7 through to Grade 10. Our results were quite simply outstanding, we won 22 out of 34 sections (3 sections only featured Riverside students) and achieved numerous placings, but overall our success was incredible and a real testament to the talent, dedication and hard work of our students and staff. But the most pleasing aspect of the whole comps, wasn't anything to do with the placings, it was the incredible experience they provided for all of our performers and the way students totally embraced the experience. To see the growth of so many of our less experienced performers and the excitement and joy on their faces, when they came off stage and had succeeded in giving a good performance, was heart-warming to say the least. Our students were all so incredibly happy for each other and their behaviour was exceptional. While the Launceston Comps is always a massive undertaking, it was well worth it to see what a worthwhile and rewarding experience it provided for every student who took to the stage and our Drama team is incredibly proud of each and every one of them.

### Special Awards:

**Arthur Ride Memorial Trophy** for the competitor gaining the most points across three sections: Impromptu reading, Monologue and Recital.

Gr 10 Winner – Jessica Faulkner

Gr 9 Winner – Erin Clive

Gr 8 Winner – Megan Van Der Ploeg

**Danny Gibson Trophy** for the monologue gaining the highest point score – Gabriel Walton-Clear

**Mrs C Hall Perpetual Trophy** – awarded to the school gaining the highest aggregate of scores across the impromptu reading sections – Riverside High School.

**Cliff Taylor Perpetual Trophy** for the scene with the highest marks – Charlotte Edwards, Jacqui Zealley, Catelin Hatton & Charlotte Scurr-Nicholls

**Most Outstanding Item – a perpetual trophy in memory of Mrs W Reid** is awarded to the item gaining the highest points across the competitions – Jessica Faulkner – Creative Individual Programme

**Begent & Maguire Trophy** for the school with the highest aggregate in Public Speaking – Tied between Launceston Church Grammar School and Riverside High School

**Rostrum Club Perpetual Trophy** for the most promising public speaker – Anna Roberts

And the biggest award of the competitions which is the **Launceston City Council Award for Artistic Excellence** – a prize of \$150 – awarded to a solo competitor at the discretion of the adjudicator across the entire programme – Gabriel Walton-Clear

### Mrs Mandy Gibson



## FOOD ALLERGY WEEK

Last week the Prefect Board showed our support for Allergy Week by raising awareness within the school. Some of us painted one fingernail to represent the fact that one in ten babies will develop a food allergy and all 20 of us adopted an allergy for a day. This was to better understand the challenges people with food allergies face every single day. Some examples of the allergies we adopted were: nuts, egg, milk, fish, sesame, soy and wheat.

There are more than 170 foods known to trigger severe allergic reactions. Therefore, it is important to be aware: ask your friends if they have an allergy and learn the signs and symptoms of a reaction.

You can also check out the website <http://www.foodallergyaware.com.au> for more information on food allergies and what you can do to help someone in our school living with one.

**Anna Roberts**  
Head Prefect



**FOOD ALLERGY WEEK**  
★ WEEK ★  
14-20 MAY 2017

One in 10 babies born in Australia today will develop a food allergy, which may put their life at risk every single day.

**SHOW YOU CARE**

**PAINT ONE NAIL** Bring a gold coin donation to school during Food Allergy Week and paint just one of your 10 fingernails to show your support.

**REMEMBER:**

- Know what your classmates are allergic to.
- Don't ever share food with friends that have a food allergy.
- Wash your hands after you eat.

[www.foodallergyaware.com.au](http://www.foodallergyaware.com.au)

Sponsors: Coles, Mylan, freckles

The Blue Cross is proudly sponsoring the support of all allergy awareness events, including Allergy Awareness Week. For more information, please contact Blue Cross Australia.

AllergyAwareness Australia

## SUBJECT IN FOCUS - HUMANITIES

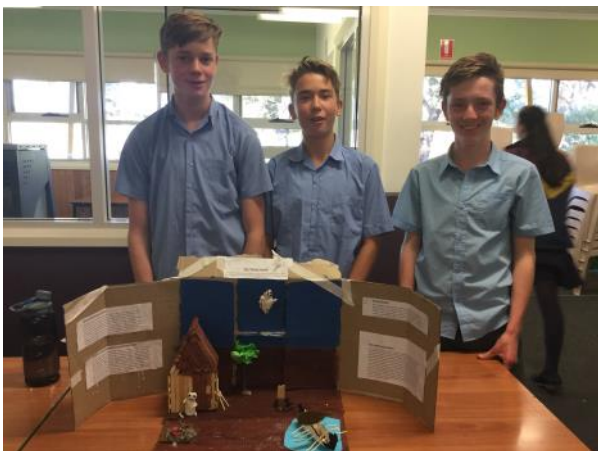
Humanities incorporates the subjects of English, History and Geography. Most Humanities classes have the same teacher for all subjects, but some classes have one teacher for English and another for History and Geography. All students would undertake at least one novel study in English at some stage during the year. In addition, we have an exciting new online literacy program, *Wordflyers*, which some students have already used and all students in 7-9 will undertake before the end of the year. The Year 7 History curriculum looks at the ancient world with the Year 8 curriculum moving on to the medieval period. Below is a summary of what each class is currently studying.

	English Topic	History Topic
7A	Novel study <i>Pharoah - The Boy Who Conquered the Nile</i>	History skills: primary and secondary sources, timelines, Ancient Egypt. History object research and presentation to class
7B	Novel study <i>Pharoah - The Boy Who Conquered the Nile</i>	Migration from Africa; Ancient Egypt
7C	Focus on reading and text connections, completing double entry journal and unpacking text to inform history work. What is a Narrative?	Ancient Egypt: The River Nile, Egyptian Social Structure and the Gods - Shared learning and group work with a Gallery Walk to build on knowledge
7D	Novel study – <i>A Long Walk to Water</i> Tasks: essay based on themes in the book and digital book trailer	Viewing documentary <i>The Great Human Odyssey</i> about the movement of homo sapiens around the globe.
7E	Novel study <i>Lochie Leonard Scumbuster</i>	Ancient Rome
7F	Novel study <i>Hitler's Daughter</i>	History skills: summary of information from various sources to produce: 1 A report 2 A factual creative story about Ancient Rome
7G	Persuasive texts	Ancient Egypt
8A	Just finished novel study <i>Flipped</i> and now looking at visual texts including reality TV	Viking era
8B	Novel study - <i>They Came on Viking Ships</i>	Finishing Vikings unit. Primary and Secondary sources - using evidence in our writing.
8C	Novel study <i>Flipped</i> and writing a 'flipped' fairytale	Presenting Medieval Europe projects this week and starting Geography (landforms and landscapes) next week.
8D	Novel study <i>They Came on Viking Ships</i>	Students are creating their own Bayeux Tapestry 'comic' to sequence and examine the cause and effects of the extraordinary events during 1066 in Medieval Europe.
8E	Novel study <i>They Came on Viking Ships</i>	Viking era
8F	Speech preparation for <i>Two Wolves</i> novel study	Students are creating their own Bayeux Tapestry 'comic' to sequence and examine the cause and effects of the extraordinary events during 1066 in Medieval Europe.
8G	Novel study <i>They Came on Viking Ships</i>	Vikings then Geography



## SUBJECT IN FOCUS - HUMANITIES

8E have been studying Viking life in their History and English classes. In English, they studied the novel *They Came on Viking Ships* by Jackie French. From this they developed an awareness of the Viking customs through the eyes of a young girl by closely examining the raids and explorations conducted during this period of time. In their History lessons, students examined Viking beliefs and religious customs; the desire to explore new lands and the reasons behind this and their tactics and strategies when going in battle. From this, students had an opportunity to develop a diorama that depicted the Viking Era. Students spent several lessons working in groups and at the completion of the unit they invited staff and students to visit their classroom where their finished work was on display. Staff and students can view 8E's work as it will be on display in the Library for several weeks.



Viking Shield  
by Hamish  
Watson (8C)

Historical  
Pocket Watch  
by Franklin  
Barker (7A)



## PREPARING FOR CROSS COUNTRY 2017



During HPE lessons, students have been working hard in preparation for the annual Cross Country Carnival. Many students have used different types of technology to help them improve including: Heart Rate monitors, GPS trackers and a variety of different mobile apps. One app that has become popular is STRAVA. Students are able to run against their peers and other members of the school who have the app and run the same run. The best thing about this app is that there are 'segments' you can run against. For example, during our school run, there is a segment that runs from the back of the ovals to the edge of the footpath. Students can then aim to beat their time or their friend's time for either a segment, or the entire lap. This has promoted lots of conversations in many different contexts. This run is also available to



members of the community, who can then make the leader board. Segments can be found anywhere once they have been created.

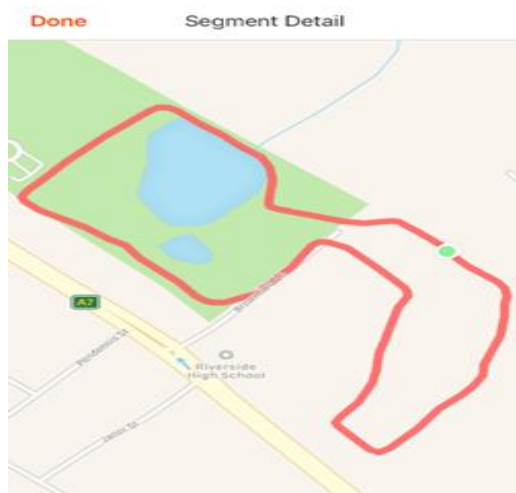
Friday 2<sup>nd</sup> June is the Cross Country Carnival for Riverside High School which will be held around the schools complex. It is a normal school day for all students except for when it is their turn to run the Cross Country course. Students can wear their sports uniform to and from school. Sports uniform consists of:

**Polo Shirt Navy with RHS logo, Rugby Top RHS design and colours, Track Pants Navy, Shorts Navy, RHS Spray Jacket**

Schedule of events:

11:15am	Gr.10 Boys EVENT – 5km 3 laps of the course
11:30am	Gr.10 Girls EVENT – 3.4km 2 laps of the course
11:45am	Gr.9 Boys EVENT – 5km 3 laps of the course
12:00pm	Gr.9 Girls EVENT – 3.4km 2 laps of the course
1:45pm	Gr.8 Boys EVENT – 3.4km 2 laps of the course
2:00pm	Gr.8 Girls Event – 3.4km 2 laps of the course
2:15pm	Gr.7 Boys EVENT – 3.4km 2 laps of the course
2:30pm	Gr.7 Girls EVENT – 3.4km 2 laps of the course

All students are encouraged to take part in the run, whether they walk some, run some or run all of the course. The top 8 finishers of each age group will take part in the Inter High Cross Country which is held at Windsor Park Complex on Tuesday 20 June.



Segment		Leaderboard	
ATHLETE			TIME
1	Tylen Gillies		6:47
2	Zavler Wootton		7:07
3	Oliver Cathcart		7:28
4	Daniel Dwyer		7:35
5	Rohan Pooley		7:54
6	Tim Elliott		7:57
7	Cameron Boyden		8:04
8	Hannah Flanagan		11:27
9	Ryan Shipp		11:52
10	Emma Woods		17:30

## "RIVERSIDE RIPPERS"

We value: **RESPECT, RELATIONSHIPS, ACHIEVEMENT, SAFETY and FAIRNESS**

Our learning culture is underpinned by a **Growth Mindset**

### GRADE 7



**Jack Manix-Geeves 7D:** Jack has been nominated as a Ripper this week due to his consistent positive attitude to his learning and the exemplary way he interacts with his peers. Jack can be relied upon to be polite and respectful at all times, and contributes to a positive learning environment in the classroom.

His classmates value him for these reasons, and his teachers are impressed with the way he always presents his best work. Well done Jack!



**Olivia Arriagada-Huyskens 7D:** Olivia is a highly valued member of our Grade team. She is constantly positive and friendly and seeks opportunities to assist others. Olivia can be relied upon to always do her best in every subject and is really making the most of all the opportunities available in high school. She is also

a supportive friend and makes mature decisions, guiding others to do the same. Well done Olivia, we are very impressed with what a Ripper you are!

### GRADE 8



**Esther Godfrey 8G:** Esther is nominated as a Ripper this week for the manner with which she embraces varied opportunities. Not only is Esther a successful seasoned debater for our school, last weekend she was chosen, along with Gabriel Walton-Clear, to represent the North of the State at the

Rostrum Voice of Youth State Finals. Esther's enthusiasm for making the most of all available opportunities to experience such activities as these, prepares her for an eventful and fulfilling adult life. Congratulations Esther.



**Elise Bransden 8F:** Elise is being recognised as a Ripper this week for her willingness to embrace new opportunities at Riverside High. She was elected as a Grade Council member and has been very active in the production of Hot Chocolates that are being sold on Tuesday mornings. Elise offered to be a representative

for the class on the 'Effort and Achievement Student Voice' group as well as participate in the 'Growth Mindset Challenge' in a positive and productive manner. Keep up the good work, Elise.

### GRADE 9



**Isaac O'Sign 9F:** Isaac is being recognised as a Riverside Ripper this week for his constant positive attitude and commitment towards his learning. He has established a strong work ethic and is continually focused and achieving his very best at every task that he undertakes. Isaac relentlessly displays determination and

enthusiasm and is a fantastic role model for his peers. Keep up the fantastic work Isaac.



**Toby McKnight 9F:** Toby is being recognised as a Riverside Ripper this week for being an outstanding leader amongst our Grade. Toby constantly upholds our school values and relishes the opportunities that Riverside High School has to offer. He is always focused and determined to complete

every task and challenge that he is presented with to the best of his ability. What a fantastic role model, well done Toby.

### GRADE 10



**Jack Gillies 10B and Lachlan Carroll 10B** have been nominated for Ripper Awards this week due to their commitment and passion for their work in Business Studies. Both students have shown that they are extremely interested in this class and their behaviour has reinforced this attitude. They are both keen participants in the ASX Stock Market game where they have achieved good results. Jack and Lachlan have both demonstrated the value of achievement and have shown the results that can be gained with genuine interest and dedication.



## STUDENTS AT WORK



Riverside HS  
Sport and PE



To keep up to date with all the sport, carnivals and HPE related information at Riverside High School, "like" and follow us on Facebook. Look for the Riverside HS Sport and PE page.

### CANTEEN CHARITY JAR

Many thanks to all the students who have kindly donated their change over the past two years. The Children's Ward at the LGH greatly appreciated the donation of \$155.00.

**Gail Wade and Tracey Morrison**  
Canteen

WEEK 5	EXCURSIONS
Monday 29 May	
Tuesday 30 May	
Wednesday 31 May	Grade 9/10 Sport—as rostered Period 5 & 6 (lunch start at 12:30pm),
Thursday 1 June	
Friday 2 June	
Saturday 3 June	
Sunday 4 June	

**Riverside High School**  
**354 West Tamar Road, RIVERSIDE Tas 7250**  
 ☎ (03) 6327 6333  
 Email: [riverside.high@education.tas.gov.au](mailto:riverside.high@education.tas.gov.au)  
 Web: <http://riversidehigh.education.tas.edu.au>